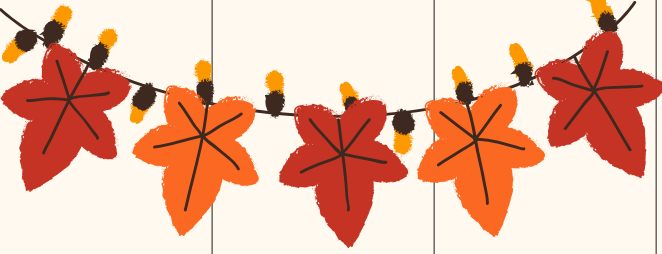


October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 SkillShare Night 4-7pm	2	3
USA Clubhouse Conference - Arlington VA - Caroline, Steph, Keith						
4	5	6 Wellness Workgroup 2:30pm	7 House Business Meeting 2:30pm	8 AcuWellness 2:30pm	9 Celebrate World Mental Health Day- Ice Cream Social with decorating Jenga Pieces and create a Word Bubble & AcuWellness 2:30pm	10 Happy World Mental Health Day!!
Faculty Meeting - Arlington VA - Trin and Nat						
11	12 Deep Clean the Clubhouse Day - You are Needed	13 Prep for Health & Wellness Fair - You are Wanted WY/CO Job Fair 10am-1pm	14 Health & Wellness Fair 1-3pm You are Expected	15	16 	17
18 Open Streets Friend-Raising Event on Laurel Street 10am-3pm	19	20 JEDI Workgroup - Review Survey Results 2:30 pm	21 L&L - National Coming Out Day and International Pronouns Day 12pm House Business Meeting 2:30pm	22 AcuWellness 2:30pm	23	24 Estes Park Social Leave SCC @ 9:30am
25	26 Medicaid Coverage Webinar 10am-12pm	27 Catch the Vision 2:30 pm	28 RMCC Meeting 10:30am Employment Focused House Meeting 2:30pm	29 SHP Learning Hour Presentation 8:45am	30	31 Halloween Party at Frontier House 11:30am-2pm

Daily Meetings (Monday - Friday)

Morning Meeting: 9:15 - 9:30 am

Morning unit meetings: 9:30 - 9:45 am

Afternoon unit meetings: 1:00 - 1:15 pm

Important Clubhouse Meetings

Street Level Unit Focus Meeting Monday:

Mondays 1:15 pm - 2 pm

House Business meeting:

Wednesdays 2:30 - 3:30 pm

Calendar Planning meeting:

2nd Wednesday 2:30 - 3:30 pm

Employment-focused meeting:

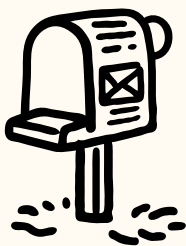
4th Wednesday 2:30 - 3:30 pm

Workgroup meetings:

Tuesdays 2:30 - 3:30 pm

We are moving into the digital age...meaning we will no longer mail calendars. Come to the Clubhouse if you would like a paper copy, or sign up using this link for an email copy.

<http://eepurl.com/gYJK3X>



Please join us on Monday October 12 and Tuesday October 13 to prepare for our Health & Wellness Fair which will be on Wednesday October 14 from 1-3pm!

We hope to see you at the fair, which will be filled with community resources to enhance your life and wellness.





Spirit Crossing Clubhouse

Wednesday, October 14th
Spirit Crossing Clubhouse
1148 E. Elizabeth Street
Fort Collins, CO
(970) 786-2002

1:00 pm - 3:00 pm
Attending Community Partners

- **Work Shops**
 - *Mental Health Longevity*
 - *Healthy Breathing*
 - *FNBO - Financial Wellness*
 - *Acu-Wellness & Flu Vaccine Clinic*
- **Vendors/Resources**
 - *Health District - Dental*
 - *Yarrow Collective*
 - *SPIN Micro Mobility*
 - *Aspen Club*
 - *ProActive PT*
 - *Food Bank of Larimer County*
 - *Plus More!*

Health & Wellness Fair



SummitStone™
HEALTH PARTNERS